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#### ABSTRACT .

Three studies were conducted to examine variables that facilitate or hamper interaction between disabled and able-bodied college students. In study 1, 100 able-bodied Ss completed two adjective checklists identifying socially desirable and undesirable characteristics; a second group of 94 abled-bodied Ss were tested using another set of traits. Disabled students were characterized as aloof, introverted, lazy, submissive, ingenuous, and unassuming. Questionnaires completed by 24 disabled and 45 able-bodied students in study 2 revealed that disabled students tended to be older than the average college student and that they had many more able-bodied than disabled friends. Disabled and able-bodied students agreed on appropriate behaviors. The third study examined a measure of self-efficacy in interacting socially with physically disabled students. The measure was found to have internal consistency but only discriminant and concurrent validity for females. (CL)

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#### Social Interaction Between Physically Disabled and

#### Non-Disabled College Students\*

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### **ABSTRACT**

College students who have no physical disability often avoid contact with physically disabled students due to negative attitudes, lack of social skills, and social anxiety. As many architectural barriers are being removed from institutions of higher education, contact between disabled and non-disbaled students is expected to increase.

In order to improve the quality of social interaction, a better understanding of attitudes is needed and the components of effective interpersonal behavior of both physically disabled and able-bodied students need to be identified. This series of studies is a preliminary examination of variables which facilitate or hamper interaction between disabled (wheelchair users) and able-bodied students in college and university settings. The behavior and attitudes of disabled and able-bodied students were assessed to 1) understand stereotyping, 2) determine the components of effective interpersonal behavior between disabled and able-bodied students and 3) develop a measure of self-efficacy in relating to disabled students.

In Study 1, 194 able-bodied students were tested to determine stereotypes of physically disabled students. Subjects indicated traits which characterize either male or female college students who are either confined to a wheelchair or have no physical disability.

In Study 2, the components of effective interpersonal behavior between physically disabled and able-bodied students were investigated. Disabled and able-bodied college students were interviewed in order to generate a list of common social situations and interpersonal behaviors in academic settings. Based on this list, an objective questionnaire was designed. Behaviors of physically disabled and able-bodied students were included. This questionnaire was completed by 24 disabled and 45 able-bodied (31 of whom had had significant contact with disabled people and 14 of whom had not) college students in order to determine which social situations occur frequently, and which behavors of disabled and able-bodied students are appropriate or inappropriate.

The objective of Study 3 was to develop a measure of self-efficacy in interacting with physically disabled college students. 136 able-bodied students completed, in addition to some other measures, a 49 item self-efficacy questionnaire in 1 of 4 experimental conditions: interaction with a male or female college student who is either confined to a wheelchair or has no physical disability. Preliminary psychometric information on this measure is presented.

The implications of the results for the design of valid social skills training programs to facilitate interaction between physically disabled and able-bodied students are discussed.



# Stereotyping—Trait Attribution

### Goals

The purpose of this study was to find out about stereotyping of physically disabled (wheel-chair user) college students.

### Method

ministered 2 adjective checklists. One checklist consisted of 85 socially desirable traits, the other of 85 socially undesirable ones. Subjects completed the checklists in one of 4 experimental conditions: stimulus person physically disabled (wheelchair user) male, disabled female, ablebodied male and able-bodied female college student. A second group of 94 able-bodied students was tested under the same conditions; however, a second set of traits were used. Thus, data are available on 170 socially desirable and 170 undesirable traits. Traits from Anderson's (1968), Wiggins' (1979) and Conte and Plutchik's (1981) lists were used.

### Results

Question 1: When able-bodied students make trait attributions about disabled and able-bodied male and female college students, which is the more salient grouping variable, gender or disability?

Table 1

Number of Socially Desirable Traits in .Common	Number of Socially Undesirable Traits in Common		
Stimulus Disabled Able-bodied Person Female Male	Disabled Able-bodied Female Male		
Disabled Male			
Observed Freg. 16 7 Expected Freq. (9.98) (13.02)	(11.61) (8.39)		
Able-bodied Female			
Observed Freq. 20 40 Expected Freq. (26.02) (33.98)	1 (6.39) 10 (4.61)		
$x^2 = 8.89$ , df = 1, p < .01	$x^2 = 16.79$ , df = 1, p $\angle .00$		

Answer 1: For both socially desirable and undesirable traits, disability is more important than gender.

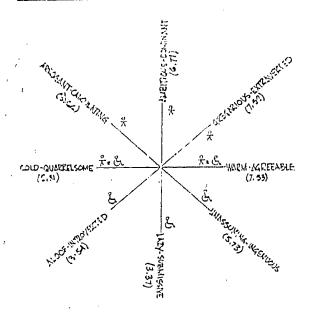
Cuestian 2. How do oble hedied college students persoive disabled male and

Question 2: How do able-bodied college students perceive disabled male and female college students, compared to able-bodied students?

Тa	h	1	A	2

· ·	Desira	er of Socially ble Traits ributed	Mean Number of Socially Undesirable Traits Attributed		
,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	Disabled	Able-bodied	<u>Disabled</u>	Able-bodied	
Kales Females	22.39 27.20	31.78 33.13	27.42 20.99	23.70 20.39	
Disabled 4 Interaction Dis Males	nales, p < .001 Able-bodied, p 1, p < .05 < Dis. Females Able. Females,	<u>b</u> ∠.001 ′ s ∠ Able.	Interacti Dis. Male Dis. I	Females, $\underline{p} < .001$ .on, $\underline{p} < .05$ es > Able. Males Females = Able. es, $\underline{p} < .05$	

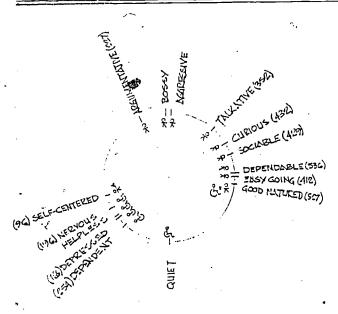
Answer 2: Disabled students are seen less positively than able-oodied students. Disabled male students are seen both more negatively and less positively than any other group.



#### Table 3

Wiggins' (1979) Circumplex Model of Interpersonal Traits

### Able-bodied Males and Females |
Disabled Males & Females | p < 05 |
#### Disabled Males and Females |
both > Able-bodied Males and |
Females (p < .01). Numbers in |
brackets are social desirability |
values. The higher, the better.



#### Table 4

Conte & Plutchik's (1981) Circumplex Model of Interpersonal Traits

- $\mathring{\pi}$  = endorsed by > 40% of Ss for both Male and Female Able-bodied students, and by  $\ll$  39% for either Male or Female Disabled students.
- & = As in above note, but for Disabled and Able-bodied students, respectively.

Numbers in brackets are social desirability values (Anderson, 1968). The higher, the better.

Answer 3: When interpersonal traits are characterized in a circumplex fashion, it is evident that disabled and able-bodied students are seen not only as very different, but as having "opposite" characteristics. Furthermore, characteristics attributed to disabled students are less socially desirable than those attributed to able-bodied students. These findings are highly robust: they are based on 2 different circumplex models of interpersonal characteristics, on 2 different samples of subjects and on 2 different methodologies.

Queation 4: What specific traits are commenly attributed to disabled, but not to able-bodied students? What traits are commonly attributed to able-bodied, but not to disabled students? What traits do both groups have in common?

#### Table 5

#### Traits Attributed by Able-bodied Students

To Male & Female Disabled To Both Disabled and Able- To Male & Female Able-Students (But Not to Able- bodied Male & Female bodied) Students bodied Students (But Not to Disabled)

		Soc	ıaı.	ly Desirable Traits	3	-		
123456	Quiet Honest Gentlehearted Softhearted Non-egotistical Undemanding	63% 45% 45% 45% 100%	1234567	Mature Hard-working Likable Self-disciplined Well-mannered Good-natured Polite	6655544 6655544 6655544	123456789012345678501234	Capabla Talka "C Outgoing Sociable Fun-to-be-with Proud Desirable Good-looking Self-assured Attractive Intelligent Amusing Bright Curious Decent Independent Optimistic Easy-going Aggressive Energetic Humorous Happy Popular Dependable	77300000000000000000000000000000000000
	•	•	,	Undesirable Traits	5			
12345678	Isolated Lonely Helpless Silent Depressed Unpopular Distant	80% 76% 75% 73% 68%		None				
/g 9 0 1 2 3	Shy Unappealing Unsociable Nervous Unaggressive	60% 55% 55% 54%	;			123455	Loudmouthed Conceited Demanding Argumentative Over-confident Phony	599 559 519 519

Only those traits which were endorsed by > 40% of Ss for both male and female disabled students and by < 39% for either male or female able-bodied

students are included.

Only those traits which were endorsed by 7 40% of Ss for all 4 stimulus persons.

3 As in 1 above, but for able-bodied and degabled, respectively.

49%

13 14

15

Insecure

Unhappy

Dependent

Answer 4: Fewer socially desirable and more socially undesirable words were commonly attributed to disabled than to able-bodied atuaents. In addition, while a few socially desirable traits were common to both disabled and able bodied students, none of the undesirable traits were common to both groups, Clearly the stereotypes of disabled and of able-bodied students are very different.

Bossy

8

Complair ag

Self-centered

49%

47%

47%

## Conclusions

Disabled students, both males and females, are perceived as having characteristics that are not only different from those of able-bodied students, but also less socially desirable; disabled males are seen especially negatively. Indeed, the disabled - able-bodied distinction is so strong that it over-rode even the effects of sex-role stereotypes.

Disabled students are characterized as aloof, introverted, lazy, submissive, ingenuous, and unassuming. These characteristics are the "opposite" of those attributed to able-bodied students gregarious, extroverted, ambitious, dominant, arrogant and calculating. As people usually like and seek out similar others, one would expect able-bodied students to avoid or limit their contact with disabled classmates. Preconceptions can influence interaction if it does take place. As stereotypes tend to persist in the absence of exposure to contradictory evidence, information on factors which facilitate interaction is needed.

### Situations and Behaviors

### Goals

The goals of this study were to identify

1) commonly occurring situations involving

physically disabled and able-bodied college

students (dating was n t included; this is the

subject of one of our ongoing studies), and

2) frequent appropriate and inappropriate

social behaviors by disabled and by able-bodied

students in each situation.

### Method

Disabled and able-bodied college students were interviewed in order to generate a list of common social situations and interpersonal behaviors in academic settings. Based on this list, · a lengthy objective questionnaire was designed. Behaviors of physically disabled and able bodied students were included. The questionnaire was completed by 24 disabled and 45 able-bodied college and university students (31 of whom had had significant contact with disabled people and 14 of whom had not). Some subjects (30%) had already left college. Subjects rated (on 6 point scales) how often each of 51 social situations occured and how often various behaviors by both able bodied and disabled students occured. For each behavior, subjects also rated (on 5 point scales) the appropriateness of each response.

### Results

Question 1: What are the salient aspects of the sample?

Table 1

#### Sample Characteristics

•	Disabled <sup>1</sup>		Able- With	Able-bodied With Contact <sup>2</sup>		Able-bodied Without Contact	
	Malo	Female	Male	Female	Male	Female	
# of Ss Age (x)	111 28	10 28	10 28	21 28	8 33	6 20	
Years Disabled X Range	12 2 <b>-</b> 29	23 4-43					
Disabled Friends x % Who Have	1.8 50%	1.4 70%	1.6 78%	1.6	0 0	0 .	
Able-bodied Friends X % Who Have	6.6 100%	9.6 100%	9.4 100%	4.6	7 • 5 1 0 0 %	8.5	
Disabled Acquaintances  X % Who Have	14.4	6.5 90%	8.7 100%	2.8 80%	.6 40%	1.3 67%	
Volunteer With Disable	d 29%	50%	80%	58%	0%	0%	
Have Disabled Relative	_	0%	10%	19%	0%	0%	
Comfort Level With Disabled Students Able-bodied Student	3.65 s 3.85	3.10 3.00	3.5 2.80	4.24 3.95	3.33 4.29	3.00 3.50	

Wheelchair users - miscellaneous disorders.

Answer 1: All students in the sample had spent a minimum of 1 year at college. The majority of respondents were in their late twenties. For disabled college students, this is not unusual. Many disabled students 1) have spent years in special facilities for the disabled, 2) finished their high school diplomas by taking correspondence courses, 3) spent lengthy stretches of time hospital, thereby interrupting their education, and 4) have taken a reduced academic load in college. Since able-bodied students who have had contact with disabled students were, for the most part, solicited by the disabled subjects, it is hardly surprising that they would be of similar age. The able-bodied subjects who have had little or no contact with disabled students constitute an ad-hoc comparison group. This group was included for hypothesis generation, and not as a true "control" or comparison group.

Disabled students, like the product, have many more able-bodied than disabled friends. They also are just as comfortable with able-bodied as with disabled students. Thus, the notion that, "Disabled people prefer to be with their own kind," certainly appears to be untrue, at least for college students

<sup>2</sup> Subjects who either have a disabled friend or close relative or who have worked as volunteers with physically disabled people

Immediate family.

Ratings from 1 to 6. The higher the more comfortable.

Question 2: What are the psychometric properties of the questionnaire?

Table 2

#### Paychometric Data

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Spearman's 🔑 1 Criteria Test-retest Reliability (12 Social Situations) .799 . 4.05 Ranking of Frequencies of Social Situations Able-bodied Student Initiates Behavior (19 Situations) 4.01 By Disabled Male and Female Subjects By Able-bodied Male and Female Subjects with Contact.824 4:01 By Disabled and Able-bodied Subjects with No-Contact .853 <.01 Disabled Student Initiates Behavior (32 Situations) <.01 By Disabled Male and Female Subjects By Able-bodied Male and Female Subjects with Contact .604 Bu Disabled and Able-bodied Subjects with No-Contact .720 <.01 <.01

<sup>1</sup> Spearman's Coefficient of rank correlation.

Answer 2: As this was an exploratory, preliminary measure, little psychometric information was obtained. Test-retest reliability and rankings of the frequencies of social situations suggest that this aspect of the measure is reasonably reliable.

Question 3. Do able-bodied students know what behaviors by able-bodied people toward disabled people are appropriate? Do disabled students know what behaviors by disabled people toward able-bodied students are appropriate?

#### Table 3

Relationships A ong Appropriateness Ratings of Frequent Schaviors

Ratings by:	Abla-bodied So with Contact	Able-bodied <u>Ou</u> without Contact	
·	Behaviors of Able bodied Student		
Dinabled So	.941**	.809**	
	<del> </del>		
	Behaviors of Disa	bled Students	
Disabled <u>S</u> s	.744**	.700**	

Pearson <u>r</u> values. df = 29 for behaviors of able-bodied students, df = 26 for behaviors of disabled students.

\*\*\* p < .01.

Answer 3: Disabled students and able-bodied students agree on what constitutes appropriate behavior by both groups.

Question 41 In frequent social situations, how appropriate are common behaviors?

Table 4

Ratings by:	Disabled <u>S</u> s	Able-bodied Ss with Contact	Able-bodie Ss without Contact
Behaviors of:		8.	
Able-bodied Students $\overline{x}$ SD	4.914 (.314)	4.452 ( •922)	4.915 ( .815)

4.707

(.561)

Scores range from 1-6. The higher, the better.

SD

Answer 4: Frequent behaviors, by both disabled and by able-bodied students, are socially appropriate. For each of the frequent social situations, a variety of appropriate responses by able-bodied and disabled students exist. A manual ("Disabled - Able-bodied Student Interaction") of frequent social situations and behaviors (with social appropriateness ratings by disabled and by able-bodied students) is presently being prepared.

4.309 (.481) <u>Question 5</u>: What social interactions between disabled and able-bodied students occur often?

#### Table 5

#### Frequent Social Situations

\*\*\* Note: A = Able-bodied Student

D = Disabled Student \*\*\*

Rends	Social Situation
1	A (able-bodied student) is walking down the corridor and sees D (disabled student) wheeling toward him/her.
2	A (able-bodied student), D (disabled student) and some classmates want

- 3 A and D are having a deep discussion about their lives.
- A and D are talking in a corridor. A casually rests his/her hand on one of the handles of D's wheelchair.

to go out for dinner. The question of transportation comes up.

- 5 D is taging to move his/her wheelchair up one step. A grabs the chair and stages to pull.
- 6 D has just asked A for help to reach a pencil sharpener on the wall.
- A and D are having a deep discussion about their lives. A has just asked D, "What's it like to be handicapped?"
- The cafeteria is half full. There are people sitting alone. Some classmates of D's are sitting in a group at one of the tables. D has just bought a coffee and wants some company.
- 9 D is trying to sharpen his/her pencil. The sharpener on the wall is too high for him/her to reach. A is nearby.
- D, one of A's classmates, is trying to move his/her wheelchair up one step. S/he is concentrating on what s/he's doing. A is walking down the stairs.
- The library is on the third floor and there is no elevator. D needs to track down an obscure reference for his/her English paper.
- 12 In class, A notices that D is sitting alone. A joins D.
- A and a group of students are talking about dates, sex and sports.

  D arrives.
- Having joined a group discussing dates, sex and sports, A asks D. "Are you going out with anyone special?"
- A and D are talking in the corridor. Noting that D has to look up, A sits down on the floor.
- D has been told by A, someone s/he just met, "I see you're in a wheel-chair. How long have you been like that? What's wrong with you?"
- A and D are passing each other in the corridor. A waves a cheery hello, musses D's hair and says, "See you later."
- A and a group from his/her class are planning to attend a campus getacquainted party. A is organizing the students in his/her class. Everyone seems to be going. D arrives as the discussion progresses.
- A and D just met in the cafeteria. A tells D, "It's really very courageous of you to continue your education in spite of all the difficulties. How did you make it against such great odds?"

Rank

#### Social Situation

- A and some classmates are planning to go out and get drunk to celebrate the end of exams. Everyone is talking about which bar to go when D arrives.
- A is sitting with some friends in the cafeteria. D whom A doesn't know well comes and joins the group. They are introduced and shortly thereafter everyone Leaves. A has 15 minutes before class.
- A is organizing the students in the class to meet at a campus acquainted party D told A that s/he doesn't intend to go. A inclusts that D attend.
- A insists on helping D move his/her wheelchair up a step, even though D has said s/he could manage alone.
- 24 A and D have been assigned to work together on a project.

Ranks are based on frequency ratings by both able-bodied students who have had contact with disabled people and by disabled students.

Asswer 5: The situations listed above encompass both "typical College" social situations as well as situations relating specifically to disability (e.g., transportation, help, curiosity, and concerns about the wheelchair).

## **Conclusions**

Results show that disabled students tend to be older than the "average" college student. They feel comfortable with able-bodied students and, like the able-bodied subjects, have many more able-bodied than disabled friends. At least for college students, the notion that disabled people prefer "their own kind" appears to be untrue.

Frequent behaviors by both able-bodied and disabled students were found to be socially appropriate. In addition, disabled and able-bodied students agreed on what appropriate behaviors are by both groups. This suggests that lack of knowledge about what constitutes effective behavior is not a likely cause of social strain. Nevertheless, investigation of knowledge of appropriate behavior in a more typical "college age" sample seems warranted. We are, at present, investigating this issue.

## Self-efficacy Interacting

### Goals

The purpose of this study was to develop a a measure of self-efficacy (Bandura, 1977) in interacting socially with physically disabled students in academic settings.

### Method

A 49 item self-efficacy questionnaire was designed. Item selection was based on interviews and the literature. Two scores are derived from this measure: Level of Self-efficacy (% of items subjects indicate they can do comfortably) and Strength (degree of certainty (10-100) in being able to do each task comfortably). 136 able-bodied college students were administered this questionnaire in . one of 4 experimental conditions: stimulus person physically disabled (wheelchair user) male, disabled female, able-bodied male, able-bodied female college student. Only ratings of same-sex stimulus persons were made. Those who completed the questionnaire in the 2 disabled conditions also completed the Attitudes Toward Disabled Persons (ATDP) Scale (Yuker et al., 1970) and answered questions concerning: 1) previous contact with disabled people and 2) comfort interacting with physically disabled and with able-bodied college students.

### Results

Question 1: How reliable is the questionnaire?

#### Table 1

Internal Consistency: Split-Half Reliability1

Level<sup>2</sup> Disabled Male Female 948 .949 .980 .990 Able-bodied Lale .960 Female .940 .970

Spearman-Brown r values.

Level = number of tasks subject can do comfortably.

Strength = degree of confidence (10-100) in being able to do each task.

Answer 1,

The questionnaire is internally consistent.

Question 2: How valid is the questionnaire?

#### Table 2

Discriminant Validity I: Ratings of self-efficacy in Interacting with Disabled and with Able-bodied Students

	Level of	Self-efficacy <sup>1</sup>	Strength o	f Self-efficacy <sup>2</sup>	
male Pemale	Disabled 79.55 20.82	Able-bodied 76.65 79.24	Disabled 64.36 61.05	Able=bodied 58.75 58.44	•

ranges from 20 to 41/cell. tests. All comparisons n.s.

The higher the score, the more tasks subject was able to do.

The higher the score, the more confident in being able to do tasks.

#### Table 3

Discriminant Validity II: Ratings of Self-efficacy in Interacting with Disabled Students by Able-bodied Students With and Without Contact with Disabled People

Level of Self-efficacy Strength of Self-efficacy <u>Contact</u> No-Contact 78.00 68.47 61.95 49.31 Female

n ranges from 15 to 22/cell. Interaction, p< .05 Females with Contact > Females with No-Contact, p < .01 Males with Contact = Males with No-Contact, n.s.

∷ale

a ranges from 44 to 21/cell. Interaction, p2.05 Contact, No-Contact, p2.05 Females with Contact, Females with No-Contact p < .01
Wales with Contact = Males with No-Contact, n.s.

Concurrent Validity: Correlations with Other Measures

	Level <sup>1</sup>	Strength <sup>1</sup>	ATDP <sup>2</sup>	Comfort with Disabled Students	Comfort with Able- bodied Students
Level <sup>1</sup>		•790***	114	.212	.174
Strength <sup>1</sup>	.828***		.154	. •095	009
ATDP <sup>2</sup>	.401**	•335*	Males Females	.063	.186
Comfort with Disabled Students	• 31 3*	· 303/	.217		•790***
Comfort with Able-bodied Students	· 284 <sup>/</sup>	•242 <sup>£</sup>	.261 <sup>,4</sup>	.618***	

Pearson r values.

Scores of Males above and of Females below the diagonal.

Level and Strength of Self-efficacy with disabled students.

Attitudes Toward Disabled Persons (Yuker et al., 1970).

Ratings from 1-6. The higher, the more comfortable.

Answer 2: Validity data indicate some discriminant and concurrent validity, but only for females.

### Conclusions

A preliminary step was made in the development of a measure of Self-efficacy in interacting with physically disabled students. Further work (e.g., alteration of demand characteristics, item and factor analyses) needs to be carried out. The discrepancies between the response patterns of able-bodied male and female subjects warrant additional investigation.

### CONCLUSIONS

The results of Study 1 showed that disabled students, both males and females, are perceived as having characteristics that are not only different from those of able-bodied students, but also less socially desirable. Disabled males are seen especially negatively.

Disabled students are characterized as aloof, introverted, lazy, submissive, ingenuous, and unassuming. These characteristics are the "opposite" of those attributed to able-bodied students. As people usually like and seek out similar others, one would expect able-bodied students to avoid or limit their contact with their disabled classmates. Preconceptions can influence interaction if it does take place.

The quality of social interaction is governed by numerous variables. In order to better understand factors which facilitate or hamper social interaction beween disabled and able-bodied students, information on 1) the types of social situations which occur frequently and on 2) the nature of appropriate behaviors by both disabled and able-bodied students is needed.

In the second study, we obtained extensive information on these two variables. In stark contrast to the dismaying findings of the study on stereotypes, in Study 2 we found that not only did.disabled and able-bodied subjects agree about what are appropriate behaviors by both groups, but that frequent behaviors by both disabled and able-bodied students are socially appropriate. It should be noted, however, that our sample of able-bodied students was by no means representative of college students in general. We are, therefore, presently investigating knowledge of appropriate social behavior in a more typical college sample.

The literature, with some notable exceptions (e.g., Kleck, Snyder), is largely anecdotal. Nevertheless, numerous reports suggest that social interaction between able-bodied and disabled people is by no means as trouble free as is suggested by our data. Therefore, we intend to examine actual social behavior, rather than rely exclusively on self-report. The manual that emerged from Study 2 (frequent social situations and frequent and infrequent appropriate and inappropriate behaviors by both disabled and able-bodied students) should be useful in the development of a set of externally valid role-play scenes and an empirically based coding and scoring system. The manual should also be of use in preparing inexperienced able-bodied and disabled students for interaction.

Should social behavior between able-bodied and disabled students be found to be problematic, the factors responsible should be investigated. In addition to lack of knowledge concerning what is or is not appropriate, poor social skills may be due to "response inhibition" caused by factors such as 1) faulty perceptions (e.g., stereotypes), 2) social-evaluative anxiety, and 3) cognitive variables, such as expectation of negative consequences, negative self-statements, and feelings of being incapable (lack of self-efficacy). Our attempt to develop measures of stereotyping, of self-efficacy, and of knowledge of appropriate social behaviors are part of the investigation of factors which hamper or facilitate social interaction between able-bodied and disabled college students.

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