Title Year Abstract

Assertion Self Statement Test (ASST).

1975 The Assertion Self Statement Test (ASST) is a 32-item 5-point rating scale used to determine the role of cognition in assertion-related problems that deal with refusing unreasonable requests. It consists of 16 positive and 16 negative self-statements. It was developed to investigate group differences in positive self-statements and negative self-statements between functional and dysfunctional groups and to assess cognitive change as a result of psychotherapy with nonassertive individuals. The ASST is self-administered. In addition to responding to the 32 assertion statements, subjects also indicate the sequence of thoughts that went through their minds by choosing one of four statements that most closely reflects those thoughts. The ASST takes approximately 10 minutes to complete. (MH)

Assertion Self-Statement Test, Revised.

This is a 24-item 5-point Likert-type rating scale used to investigate "I" statement patterns related to assertive and non-assertive behavior. Individuals rate the frequency with which each "I" statement occurred to them during a previous role play of 24 situations derived from the Behavioral Assertiveness Tests-Revised and completion of the Revised Wolpe-Lazarus Assertiveness Schedule. Each subject engaged in role playing situations in which assertive responses would be proper. Then each subject completed the Revised Wolpe-Lazarus Assertiveness Schedule and the ASST-R. Ratings are summed to provide separate scores for the frequency of positive and negative self statements. Ratings range from 1 (hardly ever) to 5 (very often) and scores can range

Assertiveness Self-Statement Test (ASST)

The Assertiveness Self-Statement Test (ASST) is a 32-item5-point Likert scale used to assess cognitions associated with assertion. The ASST is situation-specific and used when the cognitions are active in short-term memory so as to minimize distortion. ASST has two subscales: positive self-statements and negative self-statements.

College Interaction Self-Statement Test.

1987 A measure of a student's thoughts about interactions with either another able-bodied or a physically disabled college student. A hypothetical interaction situation between same-sex or opposite sex students in a college environment is presented and the subject is asked to imagine how often he or she would have each of 40 thoughts by responding to statements using a 5-point rating scale. The inventory has two dimensions: focus of attention (on the self or on the other person) and valence (positive or negative).

Test: 60+

Self-Statement 1994 The Self-Statement Test: 60+ (SST:60+) measures thoughts experienced during times of wakefulness. It consists of 34 items and is based on the 17 different thoughts identified in an earlier study of older adults in Canada. It uses a 5-point, Likert-type scale to measure how often during periods of wakefulness ratees experience each of 17 positive and 17 negative thoughts. The measure yields positive and negative thought frequencies. (JW)

Social Interaction **Self-Statement** Test

1982