

## DIFFICULTY IN CONCENTRATING MEASURE

Iris Alapin, Eva Libman, Catherine S. Fichten, Laura Creti, Sally Bailes  
SMBD Jewish General Hospital, 4333 Cote St. Catherine Rd., Montreal, Quebec, Canada H3T 1E4  
ialapin@securenet.net

---

How often do you have difficulty concentrating on what you have to do because of lack of sleep?

days per week: 0      1      2      3      4      5      6      7

---